

Have you ever heard about the cup-plant? Well the cup-plant is a plant that originated in the central plains of North America. The cup-plant can grow to 10 feet. It's a butterfly magnet. A butterfly magnet is something that attracts butterflies. A cup-plant can also bloom 4 to 6 weeks.

I chose the cup-plant because it seemed interesting. The cup-plant's scientific name is *Silphium perfoliatum* and the common name is cup-plant. The cup-plant has yellow petals and almost looks like a sunflower. The cup-plant blooms during the early to mid-summer. The cup-plant is native to North America.

The cup-plant is a workhorse that attracts the wildlife in a big way. In addition to the cup-plants that



hold needed water for small birds, insects, and sometimes frogs. The flower provides pollen and nectar to bees, butterflies, and hummingbirds. The cup-plant is important to the ecosystem because without it butterflies or bees won't have any water. The cup-plant is important to all sorts of birds and insects. The cup-plant is also important to Native American culture because they used the cup-plant's roots to make medicine.

Foster, see "cup-plant" - silphium
perfoliatum - Grow and care
Guide, Grow It build it, Grow it
Grow it build it 9 Jan. 2021.
<https://growitbuildit.com/cup-plant-grow-and-care-guide-silphium-perfoliatum/>

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